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On the cover:

Senior Airman Andrea Mosca, 39th Medical Squadron emergency medical technician, demonstrates how to perform "airway management" on Master Sgt. Kenneth Bogner, 39th MDS emergency medical technician. The procedure is used if a patient is having trouble breathing. The Incirlik Immediate Care Clinic offers a variety of after hours care. See related article, Page 8. (Photo by Senior Airman Dallas Edwards)

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Photo by Airman 1st Class Larry Reid Jr.

(Left to right) Gen. Robert "Doc" Foglesong, U.S. Air Forces in Europe commander, is escorted by Cols. "Tip" Stinette, 39th Air Base Wing commander, and Donald Dunbar, 385th Air Expeditionary Group commander, for a wing update briefing, here July 29.

Diversity an Air Force strength

By Col. "Tip" Stinnette 39th Air Base Wing commander

This Sunday I attended four different services in our chapel, and over the coming weeks I look forward to joining the other faiths of our community in worship. During the day I was struck by how similar each service was while appealing to a wide diversity of convictions and worship cultures.

We come from different places and have different customs, worship priorities, educational and life experiences. When we come to the Air Force, each of us brings fresh ideas and new approaches. This is diversity. Rather than fear it, we should embrace diversity as a strength. Some of us fear diversity because we think we are talking about race or gender, and we are to a degree, but it is so much more.

We are all Airmen, and we have to get out of our comfort zones. We have to be role models for people who do not look like us. Diversity means equal opportunity and access, not equal outcomes. At the end of the day, performance counts, not privilege. You will find Airmen of all races and both sexes. They wear the same uniform that you and I do. It says U.S. Air Force on it. Think about diversity and its strength. Talk about it; do not walk away from it.

The notion of "Fit to Fight" does not mean we need to be gym rats or look like body builders. A person's productivity depends upon maintaining a balance among family, community, job and spirit. Choosing an entity to anchor your spirit is an individual decision. Whatever it is, it is usually bigger than self and enriching. And this was the common thread I noticed between the four services I attended Sunday.

Fitness is multidimensional. We must seek fitness of mind, emotion, spirit, body, and balance that within the physics of our demanding daily lives. There is no single recipe for success as the approach and demands of striking this balance is as di-

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CHIEF'S CORNER



By Chief Master Sgt. Raymond Allen
39th Air Base Wing command chief master sergeant

Respect for all starts with knowing yourself

Anyone who has been to Combat Intro and listened to me knows that I stress respect ... respect for superiors, peers, subordinates and those we do not know. Saying please and thank you goes a long way toward respecting others.

I also like to hit on telephone etiquette. You never know who is on the other end of the phone; that means you are always giving a first impression of yourself each and every time you answer the phone.

But respect goes deeper than these simple courtesies. I truly believe you must have a deep respect for yourself before you can truly appreciate others and respect them.

In order to respect yourself you must know yourself, your strengths and weaknesses, your likes and dislikes, and what makes you unique. The diversity we possess with our widely varied backgrounds and beliefs allows us the latitude to see things from many perspectives and to tackle problems in new and unusual ways. The key is we need to know what we, as individuals, bring to the fight. Then we need to learn to take advantage of each of our strengths and unique abilities.

Understanding other people's heritage and background breeds respect for them as individuals and as groups. Be open to new and creative ideas and take advantage of the various cultural awareness programs available in the Air Force and at Incirlik. There are specific months set aside to promote different cultures. You will be glad you did.

Action Line: Airmen voice concerns to wing commander

Commissary concerns

Q: I have a concern regarding order ing things by the case through the commissary. I have an infant who requires a specific formula due to medical issues. They do carry this formula at the commissary, but the problem is they do not order enough to get my infant through a week. Then, if someone else beats me to the commissary and buys it first, I have no formula to give her at all.

I have repeatedly asked commissary personnel to order more of that specific formula each week because there is a higher demand for it and each week there still is not enough there. I filled out numerous order forms to order it by the case for myself, with the promise of a phone call to let me know when it is here, but I never got that call. I have addressed this concern over and over again and to no avail.

I got frustrated and tried to switch her to a different formula they seem to have more of,

but she could not keep it down. It got so bad that the child development center asked me to take her home because she was not getting enough to eat.

I have to feed my baby, so I have resorted to ordering her formula online and having it shipped to me. It costs me a lot more per can of formula to do that, but at least my baby is getting what she needs. What can I do about getting the commissary to recognize the need for some people to special order things and then to follow through with that request?

A: We would like to take this oppor tunity to apologize for any inconvenience this inconsistent service has caused you and your family. Please call me direct at 6-3900 and I will go to the commissary with you and we will work out an accommodation that meets your particular needs.

For everyone else's edification the normal

ordering cycle takes approximately seven days to arrive from our central distribution center located in Germersheim, Germany. A DeCA form 40-1 with your contact information will be used to identify your request. If the item is high in demand, we can identify this to ensure back stock is maintained. The commissary staff is energized to help special needs and can be reached at 6-3212.

After hours hobbies

Q: If base facilities are primarily meant to be a quality of life issue for active-duty personnel, then why are the hours of operation for some facilities catering more to family members or stay-at-home spouses? For example, the Arts and Crafts Center is open from 10 a.m. to 6 p.m. Tuesday through Friday and the Auto Skills Center is open

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Diversity -

Continued from Page 2

verse as the number of people that make up our Air Force and more specifically our installation team.

Our strength as a team lies in the aggregation of our diversity. Our differences are what make us unique and special. The collection of those differences focused toward a common goal is what generates our awesome power, in a word, synergy, the effect of the whole being greater than the sum of its parts. In order to unleash this awesome power we must respect and celebrate our differences while seeking to find common ground.

For us Airmen, that is easy, it's the mission. From generating C-17s and KC-135s, to operating our geographically separated units while supporting national interests we have plenty of common ground to work on together which will ultimately be the benefactor of our collective diversities.

Our community is stronger and richer for its differences. Embrace them, applaud them, leverage them and apply them toward the mission. Bring your courage, conviction and communication! Continued from Page 3

Tuesday through Saturday from 9 a.m. to 6 p.m. I don't know about 90 percent of the other active duty members here but I cannot always take my lunch hour to build a birdhouse or do minor maintenance on my car – that is something I need to do after work or on the weekend.

But these shops are only open Saturdays and for limited hours and barely any time after work for the majority of us who work 7:30 a.m. to 5 p.m. I don't drink or hang out in the alley, so I unwind by doing craft projects or working on my car. But obviously my base housing is too small to take on those ventures so I depend on these base facilities. Can we change up the hours so I can finally build that bookshelf and unwind and the end of a rough day at work?

Wow! I have not built a birdhouse in years, but I'm glad to hear that the art is still alive. We know the Services Squadron is working hard to improve the quality of life for the Incirlik community. In that spirit, the Arts and Crafts Center recently changed its hours of operation from noon to 8 p.m. to 9 a.m. to 6 p.m. Mondays through Fridays. This change was prompted by a lack of customer traffic in the evenings.

Under the old schedule, the last two to three hours of operation would only see one to four customers. Under the new schedule, more customers are now utilizing the facility early in the day, and the response by the community has been very positive. If you would like to set up some time to work on your projects after hours, please contact Ray Mergil or Violeta Reich at 6-3858.

Services is currently examining the possibility of keeping the Auto Skills Center open later in the evenings during the week or opening on Sunday. Feedback is currently being solicited from customers, and management is assessing whether staffing levels can support additional or later hours of operation. We encourage you to get with the Auto Skills manager, Tony Demarco, or assistant manager, Veli Sevdan, at 6-6655, and let them know your preference.

Both activities are willing to open after hours for special projects if there is enough customer interest. We encourage you to contact them to set up some extra hours of support. Our Services Squadron's goal is to support as many of our customers as possible with the resources we have. Thank you for your interest in these facilities and we hope that you will continue to utilize the top notch programs and services we offer. Good luck with the birdhouse and let us know if we are not able to work out an accommodation that suits your particular needs.

Withdrawal plan

A couple weeks after I moved in, I received a notice that I had to have a host family because of the withdrawal plan.

Housing never mentioned to me that the house we were moving into was on the perimeter and I may have to move in with somebody in the event the withdrawal plan is executed. This is something a person should be made well aware of before-hand; not through a memorandum demanding an election of a host family within five duty days.

We appreciate you bringing this issue to our attention. The withdrawal plan and the "Host Family Requirement" are not issues that are generated or managed by the Housing Office. It is an outgrowth of our force protection concerns and is managed by the individual squadrons as the individual organizations are ultimately responsible for personnel accountability.

However, you are correct in that you should have been pre-warned to expect a letter from your squadron regarding this subject. In the future, all personnel assigned to perimeter housing will be given a letter by the housing office notifying them of unique requirements and referring them to their unit orderly functions for additional guidance before they move in.

We are attempting to negate these issues in the mid-run through renovation efforts such as in the Eagle Housing area which address stand-off distance requirements. We are sorry if this has inconvenienced you in any way or caused undue stress.

Ensuring families are secure while living on Incirlik is one of the wing's top concerns. It is vital that all personnel either military or civilian keep a heightened awareness of their surroundings. Regardless of proximity to the base perimeter we all need to pay particular attention to the following:

- Surveillance- Someone recording or monitoring activities, including the use of cameras, note taking, drawing diagrams, writing on maps, or using binoculars or any other vision-enhancing device.
- Suspicious persons/packages that are out of place- People/packages that don't seem to belong in the workplace, neighborhood, business establishment or anywhere else.

Commander's Action Line program

The Action Line program provides an avenue for the Incirlik community to voice concerns, complaints and opinions to Col. "Tip" Stinnette, 39th Air Base Wing commander. The program should only be used after trying to resolving the issue through the chain of command.

Submit Action Lines by e-mailing action.line@incirlik.af.mil or calling the 39th Public Affairs Office at 6-6060. Concerns are edited to 300 words or less. Action Lines may be printed in the *Tip of the Sword*.

Curfew change

All personnel assigned to the 39th Air Base Wing, its tenant units, TDY personnel, transiting personnel and dependents are restricted to the base from 1 to 5 a.m. daily. Personnel returning to the gate after the curfew time will have their names taken and passed to their respective commanders for resolution. In addition to the curfew, personnel

will not bring open alcoholic containers onto the installation; to include the vehicle search area, at any time.

Safety is a combat skill and risk management is a way of life.

Finding ways to make work fun is half the battle

ach individual should

- Maj. Todd Cheney

39th Logistics Readiness

Squadron commander

have ownership of some part of

the mission ..."

By Maj. Todd Cheney 39th Logistics Readiness Squadron

One of the phrases I always remember from my officer training days is, "if you aren't having fun, you aren't doing it right."

It didn't mean you should ignore your duties and responsibilities, it simply meant you should find ways to enjoy what you are do-

ing. If you don't enjoy what you are doing, you should take inventory of the possible causes and adjust to eliminate as many as possible.

There are three things that make my duties and responsibilities fun for me; understanding the mission and how I have an impact, owning my

own area of responsibility and the camaraderie of my fellow Airmen.

Understanding our mission and how each Airman and civilian assigned here has an impact is essential to our success and to each individual's job satisfaction. Our mission is to generate airlift and air refueling sorties and supporting the Incirlik cargo hub. Each person assigned to Incirlik has an impact on that mission.

The Airman checking in supplies has to do their job to ensure we get the right parts on time to repair either an aircraft, a vault or some other equipment that will support the mission. The personnelist processing personnel actions ensure we have the right people available to ensure mission success through tour extensions, performance reports, promotions and much more. The chaplain ensures our people are spiritually fit so they are well and able to perform their duties in support of the mission.

Every person has a link to the mission. If you haven't figured out how you link up, ask your boss. It's a lot more satisfying to do your duties when you know exactly how you make an impact.

The next item is ownership of your own area of responsibility. This can be somewhat of a complicated issue since it involves trust from supervisors, competence and attitude; however, today I will try to keep it simple.

Each individual should have ownership of some part of our mission through the owner-

ship of their duties and responsibilities. Supervisors should give their subordinates a charge with set parameters and let them go to work. Don't interfere unless they stray outside the parameters or they are looking for assistance.

This gives the subordinates ownership in the task at hand. They decide how they are going to get it done and they do it. At the

> end of the day, they have the satisfaction of knowing they accomplished something. I know I'm having fun if I get something accomplished during the day and oftentimes it

starts with my boss allowing me to have ownership of part of the mission.

The last, but most important, piece that ensures I'm having fun accomplishing my duties and responsibilities are the people I work with.

Everyday I'm surrounded with energetic people who want to do good things for our Air Force and our country.

We care about each other and we want to see each other succeed in life. If one of us is having a rough day, the others are there to pick us up and carry some of the load. The people we work with and their positive attitudes are essential to having fun while accomplishing our mission.

This concept of having fun doing your duties shouldn't be foreign and probably isn't for most of you. However, it's important to remind ourselves of what make us enjoy being part of the Air Force, because if you are having fun and enjoying what you are doing, you are more likely to be more productive and have a greater positive impact on our mission.

In my mind, having fun is a key ingredient to our mission success. Sure, there will be times that don't feel fun; getting chewed out by your boss, having to work some overtime to catch up, or accomplishing the tasks you dislike the most, but overall you should strive to find reasons and ways to enjoy what you are doing. If you aren't having fun, you are just not doing it right.

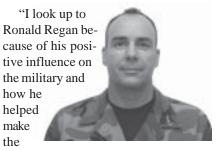
Your Turn

Which historical figure do you most look up to and why?

"Gen. George
Patton because
he was a great
leader."

- Staff Sgt.
Kevin
Smith,
39th

Security Forces Squadron

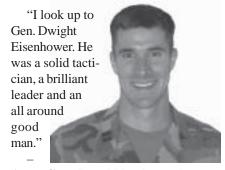


world safer for democracy."

Master Sgt. Dennis Wingett,39th Communications Squadron



Sgt. Monica Hamm, 39th Medical Squadron



Army Capt. Ronald Burke, 39th MDS

To submit a question for "Your Turn," call 6-6060 or e-mail tip.sword@incirlik.af.mil

ODC helps Airmen follow mailing regulations

By Capt. Denise Burnham 39th Air Base Wing Public Affairs

People at Incirlik can do a lot of shopping for family and friends during their tour. Many goods will be mailed back home to family and friends.

A few tips from the Official Documents Center can make visits more efficient.

"We offer postage stamps, money orders, certified, insured and registered mail, claims, mailing parcels, delivery of personal and official letters and parcels, directory and locator service," said Master Sgt. Madea Yagmur, 39th Communications Squadron, chief of postal operations.

Though shopping here is fun for most, customers need to keep the customs and postal restrictions in mind when sending goods back home. There are several items that are restricted for mailing.

"Restricted items include any flammable products such as alcohol, tobacco and perishable goods such as dairy products, meats, fruits; controlled substances, drug paraphernalia, handguns and fireworks," said Sergeant Yagmur. "Also, pesticides and sharp objects such as knives, swords, daggers without sheaths are restricted. And batteries must be removed from all devices prior to shipping."

In addition to the restrictions, local customs restrict antiquities, pornography and sometimes they will not allow sheathed knives, swords or daggers to be shipped via the mail.

One advantage of being stationed here is that military members may sign up for a mailbox prior to their arrival.

"Inbound personnel can sign up for a mailbox up to 90 days prior to their arrival at Incirlik," said Sergeant Yagmur. "Individuals or their sponsors can call the ODC to set up a box or they can access the internal Incirlik Web site at wwwmil.incirlik.af.mil/39cs/scs/box.htm to open a box before arrival."

When buying items like Turkish carpets, heavy furniture or decorations people should remember the maximum weight and size restrictions. The maximum allowed for packages is 70 pounds and may be up to 108 inches girth, which is the distance around the parcel combined with the length.

"A customer can make every visit to the ODC a successful one by having their mail fully prepared when they present their items to the postal clerks," said Sergeant. Yagmur.

Customers can do this by following the dos and do nots for mailing listed at right.

After the mail is processed here it's transported to the appropriate

commercial airlines that move the mail to various gateways overseas and to the United States. Normally the mail takes 7 to 10 days to reach an address in the United States or anywhere in theater.

"Times vary quite a bit; however, the standard is usually within a week," said Sergeant Yagmur. "The fastest and safest way to send mail is by mailing it first class or priority with insurance."

"The busiest times of the day are always between 10:30 a.m. and 1:30 p.m.," said Sergeant Yagmur. "The busiest time of the year is the day after Thanksgiving through January 10."

"The best advice postal clerks can provide our customers is to plan ahead and mail packages as early as possible," said Sergeant. "Waiting until the last minute will only cause long lines and frustrated customers."

The ODC receptacle lobby is open from 7:45 a.m. to 5 p.m., Monday through Saturday. For more information contact the ODC at 6-6301.

Dos and do nots of mailing

Do:

Wrap the package properly

Use a full return address

Use the correct mailing address

Apply a completed customs form to the lower left corner of any item that contains merchandise

If reusing a box, mark out any writing on the outside of the

Don't:

Mail restricted items

Use masking or scotch tape to wrap packaged for mailing Receive mail or send mail for individuals that are not authorized postal privileges

Add the words "Incirlik" or "Turkey" to your mailing address

Operating hours:

Mondays through Fridays – 8 a.m. to 5 p.m.

Saturdays – 8 a.m. to 1 p.m.

Sunday - Closed

National Holidays - Closed

Family Days or Goal Days – 8 a.m. to 1 p.m.

Are you ready to NEO?



The base is looking for volunteers to participate in the noncombatant evacuation order exercise from 9 a.m. to 4 p.m. Aug. 12, 15 and 16.

The goal is to process at least 10 percent of the base's dependents. If you are interested in volunteering contact your unit NEO representative. Check the Commander's Access Channel for representative names and telephone numbers.

Taxi service helps Airmen get around

By Senior Airman Jessica Switzer 39th Air Base Wing Public Affairs

Many on Incirlik make use of the taxi service offered, it is hard to go an entire day without seeing one of the yellow cars traveling to and fro all over the base.

While having a taxi service on the base can be a luxury there are several things for people to remember while using the service.

"There is a rumor that it costs \$2 wherever you go on the base," said Ercan Paylan, Gate Taxi manager. "That is not true, we charge the customers according to the taximeter. Every driver starts the meter as soon as they have a customer."

Another thing people use the taxi service for is delivering things ordered from off base. A customer can make the order by phone and a driver will walk through the gate to pick up the item. The package is inspected at the gate and then Gate Taxi delivers it to the owners.

"We charge \$3 for that service," said Mr. Paylan. "Sometimes the customer refuses to pay the delivery charge. We don't argue with them, but we do charge the restaurant or merchant."

Sometimes people get frustrated with the limitations the service works under.

"Our customers get angry with us for not going through the gate," he said. "It is not our decision about whether or not we can go through

the gate, it is the decision of the base leadership."

Customers have also complained about the raises in the taxi fares. Fare rates are regulated by the local governments and all taxi companies must abide by the fares set or they will not be allowed to work, said Mehmet Birbiri, the 39th Air Base Wing host nation adviser.

Taxi drivers start the taxi meter at 1.5 million Turkish Lira as soon as a customer gets into the vehicle. Each 100 meters traveled adds 150,000 TL to the meter. While a taxi driver will wait for a passenger, only the first five minutes are free after that 150,000 TL is added to the fare, said Mr. Paylan.

"I take the taxi to and from work, the chapel and post office every day," said Staff Sgt. Patricia Lee, 39th Logistics Readiness Squadron NCO in charge of inventory. "Sometimes they don't have exact change. I usually try to have one dollar bills on me but sometimes that is just not possible."

Sergeant Lee said one of the best things about the taxi service is that they are usually prompt.

Passengers can report good and bad service to Mr. Paylan, but they need to gather specific information before doing so. People need to have the license plate or taxi number and the time and date of the incident in order to make an accurate report. For more information, a ride or to make a complaint or complement people can call Gate Taxi at 6-6461.



Photo by Tech. Sgt. William Gomez

Lead by example

Col. "Tip" Stinnette, 39th Air Base Wing commander, leads the way during a wing wide road run July 29. There was a foreign object debris walk on part of the flightline before the run. Approximately 300 pounds of trash were removed from the flightline. The FOD walk Golden Bolt winners were:

Senior Airman Christopher Broyles, 39th Maintenance Squadron munitions controller, and Airman Clarrissa Coupland, 39th Security Forces Squadron member.

Keeping a look out for "extreme, golden" tickets

By 1st Lt. S.J.B. Bryant 39th Air Base Wing Public Affairs

Some people here might be able to imagine what Charlie felt like when he found the golden ticket in the movie "Willy Wonka and the Chocolate Factory."

Except for the fact that the tickets for United States Air Forces in Europe's Extreme Summer program are green and red, the feelings of excitement are often the same.

"The 50-point tickets are such a hit that we have constantly run out," said Wiyada Lee, USAFE Extreme Summer program coordinator and director of the community activity center. "Everyone wants to get in on the action and collect them to win prizes. So, it is hard to keep them in stock. As soon as we get a box of tickets in, they are gone."

The program awards anywhere from 50 to 750 points per activity. For example, anyone who checks out a book from the base library receives 50 points while any youth who joins and is active in the Congressional Youth Program can earn up to 750 points. There are points given for every USAFE Services program from bowling or taking a craft class to volunteering or attending a Red Cross CPR class, according to the Extreme Summer official Web site, www.extremesummer.com.

"With four different age categories, there are more chances to win," said Ms. Lee. "The categories are for youth ages 8 to 11; teens ages 12 to 18; E-1 to E-5 and spouses; and all other enlisted, officers, civilians and their spouses."

"The real fun comes in doing the activity itself, but getting those points, opening them up, and checking the computer to see if you won is

like icing on the cake for kids and adults alike," says Maj. Mike Platt, the 39th Services Squadron Commander. "It's like playing the lotto without gambling."

One of the best kept secrets to the program is its ties with the Fitlinxx program. Fitlinxx participants can get Extreme Summer points in exchange for earning Fitlinxx points.

For example, earning 750 Fitlinxx points will earn 50 Extreme Summer points and those who garner 6,000 Fitlinxx points or more can earn 400 Extreme Summer points, according to Staff Sgt. Liam Gannon, fitness center sports director.

"Participants only need 300 points, that is only six game pieces, to enter the monthly drawing," said Ms. Lee. "And there is only one more monthly drawing left. Then there is the grand prize drawing where one person in each category throughout USAFE will win one of the grand prizes – a Jeep Wrangler or an all expense paid trip to Disney World."

There have already been winners from Incirlik at the USAFE level. Staff Sgt. Naomi Frese, 39th Comptroller Squadron, was the winner for the E1-E5 category and received a three-day, two-night stay at Edelweiss Lodge and Resort, Garmisch, Germany as did Master Sgt. Dwana Moore, 39th Logistics Readiness Squadron, who won in the E-6 and above/officer/civilian category.

"Let's not forget Samantha Mindel, who won a trip to the Jeep Jamboree Rubicon Trail in California – a trip for two that includes airfare, accommodations, and two days of events and sight-seeing opportunities," said Ms. Lee. "Anyone could be the next winner, but you have to play to win."

This voucher is to be used when receipts leader in charge of program must sign vo.	andler proof of purchase is not available. The	instructor, group leader, or other
This voucher verified that		
Part	icipant's Name (Please Print)	
Instructional Class Organized Summer Nire/Employment HRS/W	Sport/Activity Volunteer Hours K Other (specify)	Congressional Award
Participants' Name (please print)	Instructor Leader/Supervisor as Validat	ur .
Participants' Name (please print) APO ADDRESS	Instructor Leador Espervisor as Validat	ar —

Due to the fact that many 39th Services Squadron facilities often run out of Extreme Summer gamepieces, people can fill out one of the vouchers to receive their points.

In the News

AAFES gas prices

Army and Air Force Exchange Service's overseas fuel prices for August are based on U.S. Department of Energy averages from the preceding five-week period ending July 26 plus incremental dispensing costs unique to each country.

Price changes are in accordance with policies approved by AAFES' Board of Directors. The price of gas in Turkey increased Monday from \$2.470 per gallon to \$2.616 per gallon for super plus unleaded.

Vet clinic closure

The Incirlik Veterinary Clinic is closed Aug. 15 for the noncombatant evacuation order exercise. For more information, call 6-3258.

Road closure

"A" street near Building 90 is closed from Aug. 15 through Oct. 15 to allow the storm drainage lagoon to be repaired. For more information, call Bulent Cetinel at 6-8020 or 6-6570.

Cahier's cage

The finance cashier's cage hours of operation are 9 to 11 a.m. and noon to 4 p.m. Mondays through Fridays. The check cashing limit is \$1,500 a week per family. For more information, call the disbursing office at 6-3204.

Exercise town hall meeting

There is a noncombatant evacuation order exercise town hall meeting 4 p.m. Aug. 12 at the base theatre for all NEO exercise volunteers and unit NEO representatives.

Air Force Ball fundraiser

Incirlik 50th anniversary lithographs and coins are on sale every weekend until Sept. 3 at the base exchange. The funds will be used to support the Incirlik Air Force Ball in September.

AFIT opportunity

For non-rated lieutenants and captains, the National Reconnaissance Office is soliciting candidates for advanced education opportunities. For more information, call Frank DiNatale at 6-3211.

The doctor is in:

39th Medical Squadron offers round-the-clock care options

By 1st Lt. S.J.B. Bryant 39th Air Base Wing Public Affairs

You may have asked, "when is the doctor in?" when you thought about accessing care at the 39th Medical Squadron. The medics want you to know that truly a "doctor is only a phone call away".

"The ICC is available for urgent care needs Monday through Friday from 5 to 8 p.m., Saturday from 8 a.m. to noon and Sunday from 1 to 5 p.m.," said Lt. Col. Amy McDaniels, 39th Medical Squadron commander. "The ICC is also open from 8 a.m. to noon on holidays and goal or down days with family physicians and nurses on rotating schedules to cover the additional hours."

Urgent care differs from emergency care in that a medical emergency is defined as incident that could result in the loss of life, limb or eyesight. For medical emergencies, people should call 911 and not the ICC. Highly trained emergency medical technicians are available 24 ours a day and seven days a week to respond to all 911 calls. Additionally, a doctor responds to all medical emergencies, said Colonel McDaniels. Urgent care is a non-emergency incident that requires medical attention within the next 24 hours.

"If you feel like your illness or situation cannot wait until normal duty hours to be treated, you should call the ICC," sad Colonel McDaniels. "Cuts or lacerations requiring sutures or stitches are a good example of an urgent need as cuts heal better if stitched within 12 hours."

For non emergencies, everyone should think "self care" and use of the "Complete Guide to Medical Self Care: Take Care of Yourself." Colonel McDaniels advises patients to always consult this book, in non-emergency situations, prior to calling the ICC or the nurse advice line.

"The book is very easy to use and offers a quick, comprehensive guide to self care," she said. "We also have a nurse advice line available free of charge 24 hours a day, seven days a week. Simply call 222 and speak to a registered nurse about your concern. However, if you have exhausted these two options and feel your illness cannot be handled at home, call the ICC at 6-6666 to speak to the doctor on call, who is available 24 hours a day, 7 days a week as well."



Photo by Senior Airman Dallas Edwards

Senior Airman Andrea Mosca, (in mask) and Master Sgt. Kenneth Bogner, 39th Medical Squadron emergency medical technicians check the aviator's mask which is used to treat patients when there is a possibility of decompression sickness.

While the 39th MDS tries to take care of all medical needs of the base populace, there are certain situations that require help from outside facilities. In these instances, support is provided primarily by the Universale Hospital in Adana for emergencies and Landstuhl Regional Medical Center in Germany for most routine care.

For standard, routine healthcare, the 39 MDS offers appointments Monday through Friday from 8 a.m. to 5 p.m. To make an appointment, people can call 6-6173 or 6-6174 from 7 a.m. to 4 p.m. or schedule an appointment using the Tricare Online service at www.tricareonline.com.

"The bottom line is medical care is only a phone call away regardless of whether it is a medical emergency or not," said Colonel McDaniels. "We are here to do everything possible to ensure you and your family receive the best medical attention possible."

Having fun with the family

Amity Thomas, 5, makes a card during the community center's family fun night July 25. The next event is scheduled from 5:30 to 7:30 p.m. Monday. The cost is \$2 per child and children under 11 years old must be accompanied by an adult. For more information, call 6-6966.



Photo by Airman Dawn Duman

Softball sleepover minus "sleep"

By Myles Hayes

39th Air Base Wing Public Affairs

Through grueling night games and early morning games the 39th Medical Squadron "Mutz" won the July 30 to 31 marathon softball tournament.

The 56 Club all night softball tournament hosted a seven team round-robin double elimination tournament that lasted from 6 p.m. July 30 to 9:30 a.m. July 31.

The "Mutz" wrapped up the championship by beating the 728th Air Mobility Squadron and 39th Operations Squadron team 10-9 in the last of two games they needed to win to earn the title of champions.

"Teamwork was key for us in winning the tournament," said Tony Spencer coach for Mutz. "Even when we fell behind in games no one got down on each other, we rallied together."

The Mutz received an opportunity to go to the championship game because the previously unbeaten 39th Logistics Readiness Squadron was unable to finish due to fatigued players and settled for third place in the tournament. In spite of this, Joe Braden, a tournament coordinator, believed fatigue was not a major factor in the outcome of the tournament.

"Teams were still making big plays late in the tournament," said Braden. "Though the teams played through the night they played with a lot of energy and made the plays."

The Mutz were led by offensive plays by Dave Tillery, Vernon Smith and Billy Mehringer, Spencer said.

"Billy was our lead-off man, he always got on base and got things started for our team," said Spencer. "Both Dave and Vernon gave us great hitting; both hit home runs throughout the tournament."

The old cliché "defensive wins championships" also played very true for the Mutz in the tournament. Spectacular plays by outfielder Jose "Jappa" Garcia help seal the deal for the Mutz.

"Jose made great plays for us, catches against the fence and diving catches," said Spencer We would not have the championship without his play."

"Everyone on the team gave a great effort. We had to come from the loser's bracket and we were tired but we rallied together to win."

In addition to the games, the tournament also hosted a homerun derby that Joshua Rochowiak, AMS/OS won.

The 56 Club tournament was very successful and made \$1,249 in profit, according to Braden.

"We designed the tournament to satisfy the needs of the community and the tournament went well enough to host again next year," said Anthony Cruz-Munoz, a coordinator of the tournament.

The softball season comes to an end during the United States Air Forces in Europe Softball Championships Aug. 15 through 21 in Aviano, Italy.



GSU Highlight: Izmir Air Base Squadron

The 425th Air Base Squadron is a geographically separated unit of the 39th Air Base Wing. It is located on the western coast of Turkey in the city of Izmir.

Mission: Provide medical, legal, logistics, communications security forces and engineering support to U.S. personnel assigned to Component Command Headquarters Air Izmir and tenant organizations.

Organization: The 425th ABS is composed of four flights: logistics flight, security forces flight, services and communications, as well as a fully contracted civil engineer function.

The squadron does everything normally accomplished by a wing, except for operations.

Strategic importance and location: Turkey is a member nation of the North Atlantic Treaty

Organization. Turkey's geographic position places it and Izmir ABS on the strategically vital southern flank of NATO.

History: The unit was activated in Izmir as the 7266th Support Squadron Nov. 15, 1955, to support Allied Land Forces Southeastern Europe and Sixth Tactical Air Force. Prior to this, support for these NATO headquarters came from the U.S. Sixth Fleet.

Only General of the Air Force

64. Comedy duo ___ & Hardy

66. Perfect score (two words)

1. Roman goddess of hunting

5. System or tourism lead-in

7. WWI Air Force ace _

10. CBS, NBC, ABC, etc.

15. Mission for AFMC, in short

27. Containing the univalent

31. USAF pioneer Maj. Gen.

William ___; "Father of

65. Camera parts

6. Actor Kilmer

8. Nigerian currency

9. Attention getter

12. Admiral type

22. Influential

24. Raving

group NO2

30. Compute

34. Married

42. ___ Arbor

28. Fuel

USAF"

13. Accountant title

21. American "Uncle"

26. Kitchen "wrap"

29. ___ de Janeiro

32. SECDEF's org.

33. Before, poetically

43. Actress Tripplehorn

45. Heart monitor, in short

48. Touch down, as in flight

52. Baltimore Ravens star

44. Internet provider

50. Actress DeGeneres

46. Qatar capital

47. Knot up

DOWN

2. Vase 3. Flightless bird 4. Permit

Springs

11. Browse

18. Clip

THE INCIRLIK GUIDE

Mystery dinner theater

There will be a mystery dinner theater from 4 to 6 p.m. Sunday at the Community Activity Center in celebration of National Kid's Day. The cost for children (17-years-old and younger) is free with adults paying \$5 per family. For more information, call 6-3256.

Youth center happenings

The youth center is hosting several events throughout the month of August: an "amazing race," scavenger hunt and others. There are also on-going classes and workshops available for children.

The "fear factor" challenge is 7 p.m. Aug. 17 for all teens and preteens. The cost is \$5 for members and \$7 for nonmembers.

The back to school lock-in is 10 p.m. to 7 a.m. Aug. 19 and 20. The lock-in is open to all teens and preteens. Cost is \$20 for youth center members and \$25 for non-members. For more information. call 6-3256.

Pee-wee soccer camp is Monday through 12 for children age 3 to 5. Registration is taking place now. For more information on any of these events, call Jeannie Gooch at 6-6670.

PADI scuba

Professional Association of Driving Instructors is offering a variety of classes and course dates are flexible. For more information, call 6-6044.

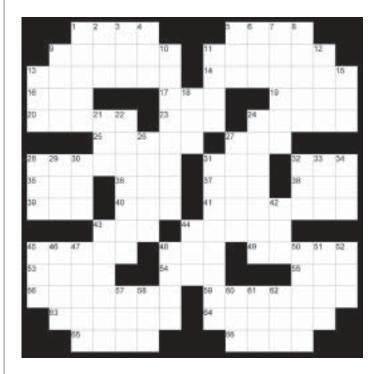
Customer appreciation meal

The Sultan's Inn customer appreciation meal will be at 4:30 p.m. to 8 p.m. Aug. 25. All military personnel are invited. For more information, call 6-3253.

Golf trip

The golf course is sponsoring an Antalya Beach and Golf Trip Sept. 2-5. Round trip transportation, hotel and breakfast and dinner included. \$290 single room, \$240 Double room (per person), sign up by Aug. 19. For more information, call 6-8995.

Air Force Pioneers



By Capt. Tony Wickman

Alaskan Command Public Affairs

ACROSS

- 1. Pistol battle
- 5. Tied up
- 9. Name for USAF personnel
- 11. Matrix
- 13. Flight pioneer Octave; Wright Bros. advisor
- 14. Flight pioneer R.F. ____; trophy namesake
- 16. Author
- 17. Pay during a PCS
- 19. Middle East country
- 20. Gather
- 23. Osan AB host country currency
- 24. Plank
- 25. Wrote fables
- 27. Capture
- 28. Written semantics
- 31. Russian space station

- 32. Morning moisture
- 36. Bother
- 38. Pacific NW state
- 40. USN equivalent to AFB
- 43. Winter mon.
- 44. Oak starter
- 45. Ford flop
- 49. USAF pioneer Maj Gen Hugh
- 53. Hawaiian city
- 54. Pub order

- 37. ___ a Wonderful Life

- 41. Walked on

- 63. USAF pioneer Henry H. __

- ; First GHQAF Chief of Staff

- 55. Meadow
- 56. Western Africa denizen
- 59. Flight pioneer Samuel P. _
- Wright Bros. competitor

- 39. Dirt

- 48. Former ACC boss/acting CSAF

- - 57. Charged particle 58. USAF NCO PME

51. Fishing need

- 60. Auto club
- 61. Bolt counterpart
- 62. Graduate student exam, in



For Sale: 2004 VW Jetta 1.8T, Auto/ tiptronic trans, power everything, sunroof, tinted windows, 16K miles. Asking for \$22,000

OBO. For more information, call 6-5198.

For Sale: Female Doberman. 18 months old, all shots current. Housebroken, children friendly, not fixed. \$1,000 OBO to a good home. For more

information, call Charlie at

05448538825.

year old, like new. Asking for \$1500. For more information, call 6-2025.

Lewis

Yard Sale: Multi-family yard sale 7:30 a.m. to 12:30 p.m. on Saturday and Sunday at 2900D Istanbul Cad (Phantom Housing). Offering clothes, toys, X-Box games, and golf clubs. For more information, call 6-6472.

Yard Sale: There is a yard sale 9 a.m. to noon Saturday at 4035A Taurus in Falcon Housing. Lots of baby outfits up to 24 months, many are unisex, items for the home and baby toys. For more information, call 6-2292.

Yard Sale: There is a PCSing yard sale from For Sale: JVC 65 inch projection T.V. One 7 a.m. to 2 p.m. Saturday at 3184B Antalya.



Photo by Airman 1st Class Larry Reid Jr.

"Duking" it out ...

(**Left to right**) Staff Sgt. Gene Taylor, American Forces Network-Incirlik NCO in charge, and Senior Airman Sean Johnson, 39th Operations Squadron analyst, showcase a medieval dual, during the Medieval Fair held at the base library Tuesday.

Combat, Special Interest Program

Combat Touch happenings

The **Crossroads Café** opens at 7 p.m. Fridays for people over 18 years of age and 6 p.m. Saturdays for all ages. For information, call 6-6441.

Vacation Bible School is 9 a.m. Aug. 15 to Aug. 19 in the Chapel annex. For children 4th to 6th grade. For more information, call 6-6441.

A **Chapel Pilgrimage** is Aug. 13. For more information, call 6-6441.

Intercessory prayer group is 8 a.m. Saturdays at the chapel. For more information, call 6-2188.

Hours for **Sunday worship services** at the base chapel in building 945 are:

Protestant:

8 a.m. – Traditional worship service 11:15 a.m. – Gospel worship service 6 p.m. – Contemporary service

Catholic:

9 a.m. – Reconciliation 9:30 a.m. – Mass

Daily Mass is 11:30 a.m. Tuesdays through Fridays.

The chapel also has points of contact for Jewish, Wiccan and Jehovah's Witness. For these and any other faiths, call the base chapel at 6-6441.



AT THE OASIS

Today

7 p.m. – The Honeymooners (PG-13) (1st run) – Starring Cedric the Entertainer and Mike Epps. New York City bus driver Ralph and his wife Alice, struggle to make ends meet. When Ralph decides to try to impress Alice by making up what he's lost and augmenting their savings, he winds up losing all their money and his marriage to boot. (90 minutes)

9:15 p.m. – Mindhunters – Starring Val Kilmer and LL Cool J. On a remote island, the FBI has a training program for their psychological profiling division, called "Mindhunters," used to track down serial killers. (106 minutes)

Saturday

5 p.m. – The Honeymooners (PG-13)(1st run) – Starring Cedric the Entertainer and Mike Epps. (90 minutes)

7:30 p.m. – Mr. and Mrs. Smith (PG-13)(1st run) – Starring Angelina Jolie and Brad Pitt. John and Jane are an ordinary suburban couple with an ordinary, lifeless suburban marriage. But each of them has a secret — they are actually both legendary assas-

sins working for competing organizations. When the truth comes out, John and Jane end up in each other's cross-hairs. (120 minutes)

Sunday

7 p.m. – Mr. and Mrs. Smith (PG-13)(1st run) – Starring Angelina Jolie and Brad Pitt. (120 minutes)

Thursday

7 p.m. – **Crash** (**R**) – Starring Sandra Bullock and Don Cheadle. A variety of different people and personalities all live in Los Angeles, and, in the next 36 hours, they will all collide. (100 minutes)

AT THE M1

Dark water (PG-13) — 11:15 a.m., 1:30 p.m., 4:15 p.m., 6:30 p.m., and 9 p.m. (105 minutes)

War of the Worlds (PG-13) — 11:30 a.m., 1:45 p.m., 4 p.m., 6:45 p.m. and 9 p.m. (122 minutes)

Movie listings are subject to changes. On-base listings are courtesy of the Army and Air Force Exchange Service Web site at http://www.aafes.com/ems/euro/incirlik.htm; M-1 listings are courtesy of Tepe Cinemaxx. For more Oasis information and updates, call the movie recording at 6-6986 or the theater office at 6-9140.